

Week 1

Allergies are catered for

WINTER MENU PLAN

Vegetarian Option Available

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 7.30AM - 9.00AM	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice
MID-MORNING SNACK WILL CONSIST OF	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice
	<i>A selection of homemade Sweet Biscuits, Cheese Biscuits & Savoury Snacks</i>				
LUNCH 12.30PM - 1.30PM Baby Unit Lunch served at 12.00noon	Cheese & Potato Pie & Vegetables	Chicken Stew	Spaghetti Bolognese	Chicken Curry & Rice	Vegetable Pasta Bake
PUDDING	Semolina Milk or Water	Mixed Spice & Raisin Milk Pudding Milk or Water	Yoghurt & Fruit Sauce Milk or Water	Prune Puree Custard Milk or Water	Pear Sponge Custard Milk or Water
TEA-TIME 4.00PM - 4.30PM	Tomato & Vegetable Soup Bread Rolls Fruit Milk, Water, Juice	Sardines with Cheese & Toast Fruit Milk, Water, Juice	Crumpets with Chicken & Cheese Fruit Milk, Water, Juice	Meat Free Savoury Bites & Potato Wedges Fruit Milk, Water, Juice	Homemade Spaghetti & Bread & Butter Fruit Milk, Water, Juice

Please Note:-

All children have access to drinks of water throughout the day.

Children under two years of age are only offered milk or water.

Week 2

Allergies are catered for

WINTER MENU PLAN

Vegetarian Option Available

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 7.30AM - 9.00AM	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice
MID-MORNING SNACK WILL CONSIST OF	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice
	<i>A selection of homemade Sweet Biscuits, Cheese Biscuits & Savoury Snacks</i>				
LUNCH 12.30PM - 1.30PM Baby Unit Lunch Served at 12.00noon	Turkey Roll Mashed Potato & Vegetables	Bacon in Vegetable Sauce & Cous Cous	Lamb Curry With Rice & Peas	Lasagne & Vegetables	Sweet & Sour Chicken & Rice
PUDDING	Rice Pudding Milk or Water	Orange Cake & Custard Milk or Water	Cocoa Pastry Bites With Fruit Milk or Water	Seasonal Fruit & Yoghurt Milk or Water	Fruit Salad & Cream Milk or Water
TEA-TIME 4.00 - 4.30	Selection of Sandwiches Fruit Milk, Water, Juice	Jacket Potatoes With Cheese & Tuna Fruit Milk, Water, Juice	Meatballs & Spaghetti Fruit Milk, Water, Juice	Pitta Pockets with Cheese & Beans Fruit Milk, Water, Juice	Turkey Ham with Cheese & Toast Fruit Milk, Water, Juice

Please Note: -

All children have access to drinks of water throughout the day.

Children under two years of age are only offered milk or water.

Week 3

Allergies are catered for

WINTER MENU PLAN

Vegetarian Option Available

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 7.30AM - 9.00AM	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice
MID-MORNING SNACK WILL CONSIST OF	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice
	<i>A selection of homemade Sweet Biscuits, Cheese Biscuits & Savoury Snacks</i>				
LUNCH 12.30PM - 1.30PM Baby Unit Lunch Served at 12.00noon	Roast Chicken Vegetables & Roast Potatoes	Spaghetti Bolognese	Chicken Stew & Vegetables	Chilli Con Carne Rice	Chicken Pasta Bake & Vegetables
PUDDING	Peaches & Custard Milk or Water	Milk Jelly Milk or Water	Vanilla Pudding Milk or Water	Carrot Sponge & Custard Milk or Water	Rice Pudding Milk or Water
TEA-TIME 4.00PM - 4.30PM	Crumpets With Egg Cheese & Marmite Fruit Milk, Water, Juice	Baked Beans With Bread & Butter Fruit Milk, Water, Juice	Pasta In Vegetable sauce Fruit Milk, Water, Juice	Fish Fingers & Bread & Butter Fruit Milk, Water, Juice	Assorted Sandwiches Fruit Milk, Water, Juice

Please Note:-

All children have access to drinks of water throughout the day.

Children under two years of age are only offered milk or water.

Week 4

Allergies are catered for

WINTER MENU PLAN

Vegetarian Option Available

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST 7.30AM - 9.00AM	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice	Fruit, Yoghurt A variety of cereals Toast Milk, Water, Juice
MID-MORNING SNACK WILL CONSIST OF	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice	Vegetables or fruit Milk, Water, Juice
	<i>A selection of homemade Sweet Biscuits, Cheese Biscuits & Savoury Snacks</i>				
LUNCH 12.30PM - 1.30PM	Fish pie & Vegetables	Spanish Chicken Cous Cous & Vegetables	Lasagne & Vegetables	Macaroni Cheese & Vegetables	Chilli Con Carne & Rice
PUDDING	Semolina Milk or Water	Apple Sponge & Custard Milk or Water	Seasonal Fruit Salad & Cream Milk or Water	Vanilla Pastry Bites With Pear Milk or Water	Bananas & Custard Milk or Water
TEA-TIME 4.00 - 4.30	Cheese & Ham With Sweet Corn & Garlic Bread Fruit Milk, Water, Juice	Homemade Spaghetti & Bread & Butter Fruit Milk, Water, Juice	Beans On Toast Fruit Milk, Water, Juice	Tomato Soup & Rolls Fruit Milk, Water, Juice	Pasta in Vegetable Sauce Fruit Milk, Water, Juice

Please Note:-

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Children under two years of age are only offered milk or water.